## Safe & Healthy Homewood Homewood City Schools Caregiver Expectation Matrix

	Homework	Play	Meals	Chores	Relaxation
Respect	<ul> <li>Be supportive of child's academic needs</li> <li>Be available to supporting homework</li> </ul>	<ul> <li>Support the creativity &amp; ideas of your child</li> <li>Allow your child to lead in play times</li> </ul>	<ul> <li>Share meals time together</li> <li>Give your child time to lead the dinner conversation</li> <li>Model good table manners</li> </ul>	<ul> <li>Model a positive         attitude when         completing chores</li> <li>Encourage cooperation</li> </ul>	<ul> <li>Provide time for rest</li> <li>Help remind your child to be kind to others in the home</li> </ul>
Responsibility	<ul> <li>Work to provide all necessary materials</li> <li>Provide a safe &amp; quiet space for homework</li> <li>Help prompt your child to stay focus</li> </ul>	<ul> <li>Set appropriate rules for safe play</li> <li>Provide safe areas for play</li> <li>Be available for help</li> </ul>	<ul> <li>Provide new foods &amp; opportunities to explore</li> <li>Encourage participation in meal prep and clean up</li> </ul>	<ul> <li>Set goals &amp; expectations clearly</li> <li>Provide rewards for tasks done well</li> </ul>	<ul> <li>Show respect for all household belongings</li> <li>Provide tools &amp; skills for calming down</li> </ul>
Best Effort	<ul> <li>Encourage &amp; praise child's efforts</li> <li>Ensure that all work is completed</li> </ul>	<ul> <li>Encourage positive play with others</li> <li>Support and praise your child's resilience</li> </ul>	<ul> <li>Heal teach health y food options</li> <li>Create an environment of pride</li> </ul>	<ul> <li>Encourage     perseverance when     completing a hard task</li> <li>Provide verbal praise     for a job well done</li> </ul>	<ul> <li>Make time for yourself and family to have down time</li> <li>Practice mindfulness</li> <li>Give yourself space to refocus away from others and children</li> </ul>

